

Please keep this booklet safe for future reference

St John's Angell Town Primary School



**ADVICE TO PARENTS/ CARERS
REGARDING MINOR AILMENTS OR FOLLOWING AN
ACCIDENT THAT OCCURS IN SCHOOL**



At St John's Angell Primary School we have very strict procedures for dealing with and monitoring accidents and illness that may occur whilst your child is in our care.

If a child has a minor accident, e.g. a fall, the accident is recorded in an Accident Book. A note (body diagram) will then be written out detailing the incident and this will be sent home with the child.

Where a head bump or nose bleed is involved the child will also be referred to a qualified first aider and the same procedures will also be put in place.

Sometimes, although we do not think that the child needs to be sent home, we will telephone you and advise you of the accident particularly if a child is distressed or in the case of our very young children they may not be able to clearly tell you how a particular accident happened.

Where an injury is of a more serious nature or is causing particular concern (e.g. a more persistent nose bleed or a significant head bump or suspected broken limb) we will contact you and advise that your child is collected as soon as possible and taken to a medical practitioner.

In any instance where there is a serious and obvious injury such as open fracture the school would immediately call the ambulance service and inform parents.

If, for any reason, you consider that your child/ ward is at an increased risk of illness/ accident, please let the school office know as soon as possible.

Please note the following advice in the case of a upset tummy or minor head bump.

Advice for - Upset Stomach

Advice to parents and carers concerning children who have had diarrhoea and/or vomiting

As a precaution we ask you follow the guidelines below and ask that he/she refrain from school until they have had no symptoms for:

24 hours for vomiting (on recent advice from the school nurse this has been amended from 48 hours to 24 hours)
48 hours for diarrhoea



You should expect your child to have some signs of the following:

- Feeling miserable and they may not want to eat,
- They may feel or be sick,
- Try to get your child to drink plenty,
- Headaches - you may want to give your normal "over the counter" medicine (consult a pharmacist or your G.P if you are unsure).
- They may feel more tired than usual- sickness and diarrhoea won't stop because he/she needs sleep! Encourage catnaps wherever possible.

Every child is different and may display all, some or none of the symptoms but your child should be back to normal within a few days. **If not, contact your GP or Health Centre.**

Diarrhoea and vomiting can spread very easily especially in busy places like schools, hospitals and supermarkets.

Advice from NHS direct:

- The child should stay at home and limit all journeys until the symptoms have gone
- Ensure hands are washed thoroughly with soap and water- hand gels and water free alternatives are not effective against diarrhoea and vomiting bugs.

If symptoms worsen or you note any of the following:

- Continued diarrhoea and vomiting for over 2 days
- severe headache not relieved with paediatric Paracetamol
- trouble with keeping drinks down for over 1-2 days, then

contact your doctor or the Emergency Department without delay

Advice for - bump on the head

Advice to parents and carers concerning children with head injuries

If your child sustains a head injury whilst at school, he/she will be carefully watched until we are satisfied that the injury is not serious.

As a precaution we ask that you follow the guidelines below and emphasise that this does not replace parental instinct.

You should expect your child to have some signs of the following:

- Feeling miserable and sick (they don't want to eat) this is ok but make sure they drink plenty,
- Headache - you may want to give your normal "over the counter" medicine (consult a pharmacist or your GP if you are unsure). Discourage active games, watching TV, video games and reading etc. as these may make the headache worse,
- Feeling more tired than usual- let them sleep but pop in every hour or so until you are happy they are easy to wake and behave as they would normally when woken.

Every child is different and may display all, some or none of the symptoms but your child

should be back to normal within a few days.

Even after a minor head injury, complications may occur, but these are rare.

If symptoms worsen or you notice any of the following signs:

- Continued drowsiness or difficulty in waking from sleep,
- Appears confused or not understanding what is said,
- Vomiting, more than twice,
- Complaining of severe headache or trouble with their eyes,
- Cries more than usual, or is more difficult to settle than usual,
- Becomes irritable,
- Has any kind of attack which you think is a fit- then you are advised to:

**contact your doctor or the Emergency Department
without delay**

