

Personal Social and Health Education (PSHE) and Citizenship Policy



“Learning to make the world a better place”

Reviewed	Spring 2016
Next Review	Autumn 2017

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Aims and Objectives

At St John's Angell Town Primary School (SJAT), Personal, Social and Health Education (PSHE) and Citizenship enables our children to become healthy, independent and responsible members of society. Our pupils are encouraged to develop their sense of self worth by playing a positive role in contributing to school life and the wider community. They learn how society is organised and governed and experience the process of democracy in school through the school council. We provide opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society.

Our aims are to enable the children:

- To recognise their own worth
- To work well with others
- To develop positive relationships and respect for others
- To understand our common humanity, diversity and differences
- To know and understand what constitutes a healthy lifestyle
- To develop safety awareness
- To be positive and active members of a democratic society
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social choices
- To form good relationships with other members of the school and the wider community

Teaching and Learning Styles

We use a range of teaching and learning styles, including the children in activities such as discussions, role play, games, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open day, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or behaviour. Children have opportunities to meet and work with members of the community, such as health workers, fire fighters, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children take in different roles of responsibility during their school life such as prefect, school councillor, play leader and water monitor.

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PSHE and Citizenship Curriculum Planning

We teach PSHE and citizenship in a variety of ways. Some of the objectives are covered in dedicated PSHE times. All classes cover a unit of lessons in Sex and Relationship Education (SRE) and Drugs Education (DE) at an age-appropriate level (see SRE and DE policies). Each unit begins with a Needs Assessment to address gaps in children's understanding and build on prior learning. Many of the objectives are covered through other areas of the school's curriculum e.g. RE, literacy, worship, Science, through the 'Extended Curriculum' and by the attitudes and expectations of behaviour promoted by adults in the school.

We also develop PSHE and citizenship through activities and whole-school events such as Healthy Living Week in the Summer term. We also have school council representatives from each class who meet regularly to discuss school matters. Key Stage One visit places

of worship which supports them to understand and appreciate other people's beliefs. Each year group participates in termly educational visits which are great opportunities for children to develop their personal and social skills. We also offer a residential trip (school journey) in Year 6, where there is a particular focus on developing pupils self esteem and giving them opportunities to develop leadership and co-operation skills. We also invite members of the community to visit and provide opportunities for children to work with external bodies to develop their PSHE such as leadership training, anti-bullying focussed theatre and workshops with child line.

On a Monday, each class in the school has a circle time session which develop good listening and teamwork skills and offer opportunities for children to experience working as part of a group, by playing games and other activities. Circle-times build in opportunities for children's self-esteem to be raised and for children realise similarities and differences between themselves and others and to learn more about each other's lives outside of school. Circle times, which follow specific rules generated by the children in each class provide a safe space for sensitive issues to be explored. Each class, with the exception of Nursery and Reception has a worry box, in which children can express their concerns anonymously and these can be followed up by the teacher, through circle time sessions or another appropriate course of actions.

Teaching PSHE and Citizenship to Children with Special Education Needs

At SJAT Primary School, we teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children, including those who are gifted and talented or have learning difficulties. When teaching PSHE and Citizenship we take into account the targets set for the children in their Individual Education Plan (IEPs) and children are supported through differentiated teaching as they would be in any other lesson. For example they may be provided with additional visual resources or additional adult or peer support.

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Healthy Schools Award

We are working towards renewing the school's Healthy Schools Award status and we are currently working towards achieving Healthy Schools London Bronze Award. We hope this will be achieved very soon. This supports and complements our PSHE and Citizenship Curriculum well as it promotes high standards for ensuring physical, emotional and mental wellbeing of children in our school.

Assessment and recording

Assessment needs to value and recognise what pupils have done or completed successfully, thereby raising their self-esteem. A variety of approaches to the assessment of individual achievement will therefore need to be practiced by teachers. Teachers need to exercise

caution in judging the individual performance of pupils, in terms of attitudes, values and behaviours apparent, as their own will undoubtedly have an influence on this process.

Achievements of pupils in PSHE and Citizenship are reported to parents at the end of each year at parent conference days and on end of year reports.

Resources

PSHE is not statutory under the New Curriculum 2014. The school has purchased Teaching SRE with Confidence in Primary Schools and Teaching Drug and Alcohol Education in Primary Schools with Confidence in Primary Schools from the Christopher Winter Project. These are highly regarded resources promoted by the PSHE Association and provide lesson plans and resources to support the teaching of SRE and DE. Staff can also use the QCA scheme of work to plan PSHE and Citizenship lessons and have access to Social and Emotional Aspects of Learning (SEAL) resources and other PSHE books and folders. The school also has a range of books dealing with aspects of PSHE including bereavement, healthy food and making the correct choices. Children also have input into what is covered through the worry box, teacher's openness to suggestions and on-going input from the school council. Finally the school has an annual subscription to the PSHE Association where resources including a draft curriculum for PSHE can be accessed and to the Jamie Oliver's Garden Kitchen project which hosts a variety of resources about healthy eating.

Monitoring and review

The PSHE and Citizenship Leader is responsible for monitoring the standards of children's work and the quality of teaching. The PSHE lead is also responsible for overseeing the teaching of SRE AND DE. This person supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further improvement are discussed with the head teacher and colleagues, and feedback is given to the governor responsible for PSHE and Citizenship.

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Policy Links

This policy is links to the following policies: Safeguarding, Child Protection, Behaviour Policy, Anti-Bullying Policy, Anti-Racist Policy, Equal Opportunities Policy, Circle Time Policy, SRE Poicy, Drugs Education Policy and E Safety Polocy.

Agreed by Governors on: Autumn 2015

Signed by: *Reverend Rosemarie Mallett*

Designation: Chair of Governors

Next Review Date Autumn 2017